



CENTER FOR REPRODUCTIVE
MEDICINE & FERTILITY

THE UNIVERSITY OF CHICAGO

333 S. Desplaines Street, Suite 201
Chicago, IL 60661
(773) 702-6642
www.chicagofertility.org

PATIENT INFORMATION AND INSTRUCTIONS

Semen Analysis

A semen analysis is performed to determine if there are any sperm abnormalities. The test provides an evaluation of the count, motility and structure of the sperm. Collection of the semen specimen may be done at the Center for Reproductive Medicine and Fertility or may be brought to the Center within one hour of production.

Scheduling an Appointment

An appointment is required for a semen analysis. The analyses are done Monday through Thursday between 8:30a.m. and 11:30a.m. Appointments can be made by calling the Center at **(773) 702-6642**.

Please remember to bring a copy of your referral, prescription, or laboratory requisition with you.

Instructions for the Patient

Collection of the Sperm Specimen

You should abstain from ejaculation for 2 to 4 days prior to producing the semen specimen by masturbation. Although your partner may assist, avoid oral and vaginal stimulation. Also avoid soaps, detergents, creams, or lubricants to aid in specimen collection because these can negatively affect the results of the test. Follow additional instructions for specimen collection provided to you.

Sterile Container

The specimen should be collected in a sterile container that can be obtained from one of the laboratory staff or nurses. If you are collecting at home, the sterile container must be obtained from us prior to collection. After careful cleaning of the genital area, the entire specimen should be collected in the sterile container. Complete the identification label provided and attach it to the specimen container.

Spillage

If there is any spillage, please describe below which portion (first or towards the end) was not collected. This is **very important** because it can affect the results of your analysis.

Specimen Produced Outside of the Center

If the specimen is produced at a location other than the Center for Reproductive Medicine & Fertility, it must be delivered to the Center within one hour of production. It is important that the specimen be kept as close to body temperature as possible. Therefore, we suggest transporting it close to the body, such as in inside pocket.

PLEASE COMPLETE THE FOLLOWING AND RETURN THIS FORM WITH YOUR SPECIMEN

MALE'S NAME: _____

FEMALE'S NAME: _____

PHYSICIAN: _____

TIME OF COLLECTION: _____

DAYS OF ABSTINENCE: _____

IS THIS A COMPLETE SPECIMEN? YES _____ NO _____ If no, please explain below which portion (first or towards the end) was not collected.

ARE YOU TAKING ANY MEDICATIONS? YES _____ NO _____ If yes, which kind, and how long? _____
